



Salad Dressing Competition

Report on 'The Salad Dressing Competition' held at Isaac Newton Global School on account of 'World Food Day'.

Date: 16th October 2023

Time: 8:20 -9:20 am



'Salad Dressing Competition' was organized by 'Isaac Newton Global School' on 16th October 2023 as a part of 'World Food Day' to encourage healthy eating habits among students. The event was scheduled during the first two lectures and focused on developing students' culinary skills, fostering a love for fresh ingredients, and promoting a healthy lifestyle through the creation of unique and delicious salad dressings.

The students were requested to get materials required for the competition. This gave them a liberty to choose from a variety of ingredients they prefer to be included in the artistic and scrumptious plate. The dressings were judged based on various criteria, including presentation, creativity, innovation, the use of healthy ingredients, and overall composition of the dressings. This ensured that the contestants had to consider both taste and nutritional value.

'The Salad Dressing Competition' was a resounding success. It achieved several positive outcomes. The event encouraged students to experiment with fresh, wholesome ingredients and emphasized the importance of a nutritious diet.

The event, provided an enriching experience for students, promoting healthy eating habits. It was a testament to the school's commitment to fostering a well-rounded education for its students. Overall, the salad dressing competition held on 'World Food Day' was a great success.

